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Dance Injuries

The Malvern Podiatry Surgery has been providing treatments and advice to a variety of dancers for many years, from ballet to tap.

The podiatrist can provide urgent treatment for dance-related injuries such as ankle sprain, or advice and treatment for recurrent problems such as foot pain, corns, callouses and ingrowing toenails.

The surgery provides a number of specific services to dancers, including shoe modifications, physical therapies and temporary or long-term orthoses. We also provide mild trauma packs, which can be used for self-treatment of blisters, bruising and sprains.